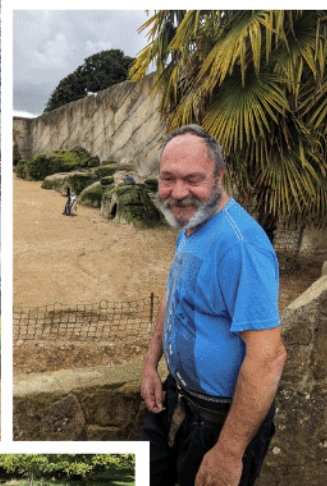


Cotswolds Wildlife Park

September saw the highly-anticipated trip to the beautiful Cotswolds Wildlife Park in Burford. Forty two clients and staff travelled by coach down to the park, blessed with glorious sunshine, to enjoy a day amongst the animals and picturesque scenery.

Clients marvelled at a huge variety of animals; colourful lizards, stunning birds, monkeys, and favourites lions, giraffes, and even baby rhinos! The Headway team split into smaller groups and explored the park, stopping for a delicious lunch at the on-site restaurant.

A big thanks to Commandery Coaches for transporting us, and to the Cotswolds Wildlife Park for a truly memorable day out! We're sure to be back again soon.



Client Mel enjoyed seeing the park from a different perspective - the train tour proved very popular!

We were incredibly fortunate to get a fantastic close-up view of the magnificent lions, who were happily lazing on their wooden platform following a busy feeding time.



September Activites

We love taking part in events in the local community; not only are they a great opportunity for our staff and clients to meet new people and spread the word of our wonderful charity, but they are also hugely beneficial to clients to boost social skills and improve their mental health. Five clients and two support staff visited a Macmillan Coffee Morning hosted at the Nurse Plus offices just down the road from our Worcester Daycentre. The group enjoyed plenty of tea, coffee and a mix of delicious cakes. We were even treated to a tombola where everyone won at least two gifts! A fabulous morning, thanks to Nurse Plus staff for hosting us and making us feel so welcome. We hope to host our own charity coffee morning soon!



Stourport clients, plus Worcester client Mark, had a fantastic day out at the Morgan Factory in Malvern. The group enjoyed a tasty lunch at the on-site restaurant, followed by a insightful 2-hour tour of the factory, where they saw each step of the process; from initial designs, to the stunning end product!



Outings

Bromsgrove clients explored the Jinney Ring Craft Centre, which showcases crafts people working on site, as well as a quirky gift shop, gallery, and rustic Farmhouse Restaurant. Even client Sarah’s gorgeous dog tagged along!

Outreach clients Mark and David had a fabulous day out to Hartlebury Castle with Support Workers Mark and Jade. Hartlebury Castle, a Grade I listed building, was built in the mid-13th Century as a reinforced manor house. Situated near Stourport-on-Severn, near Hartlebury, the castle was built on land belonging to the Bishop of Worcester, gifted by King Burgred of Mercia. The group enjoyed exploring the grounds and learning the fascinating history.

Clients Mark and Richard celebrated Mark’s birthday with a spot of mini golf at Jungle Safari Adventure Golf in Worcester. Sports such as mini golf are brilliant for hand-eye coordination and forward planning, but most importantly, barrels of fun!



Cooking & Ceramics

The kitchen in Worcester Daycentre has been smelling incredible this month, with clients busy creating lots of delicious dishes. Bakewell tart, pizza pastry rolls, and palmier - just a few to mention!

Ceramics sessions continue to be popular at the Daycentre, so much so that client Mel has recently purchased her own kiln and set of ceramics supplies to use at home! Client Mark created a fabulous butterfly ornament, which his wife now proudly displays on her make up table.



News

Last month was full to the brim with achievements and accomplishments.

We are thrilled to announce Headway Worcestershire has been shortlisted for the category 'Charity of the Year' as part of the inaugural NR Times Awards. The awards highlight inspirational and often life-changing work within the area of neuro rehabilitation. The awards feature 12 categories, which will be judged by an independent panel of judges. We look forward to the results, which will be announced online on October 26th. Wish us luck!

In other news, our lovely volunteer Joe who works in Worcester Daycentre once a week, has hit his target raising an incredible £500 for Headway Worcestershire. Joe and his wife Magdalene took part in the Worcester 10k on 17th September, with Joe finishing in 59 minutes and Magdalene in 74 minutes. A huge well done to both, we are incredibly grateful to be selected as charity of choice!

Our staff at Headway Worcestershire always go above and beyond to support our wonderful clients; going forward, we want to award staff for their efforts each month. August saw Outreach Support Worker Katy Ellis and Administration/Finance Assistant Emma Finnegan awarded for their fantastic efforts securing prizes for the raffle held at the ABI Games 2023. The raffle raised over £800 which will go towards the next ABI Games, to be held in 2025.

September's colleague of the month is awarded to Outreach Support Worker Becky Endacott for her continuous hard work, passion and drive for the charity and supporting our clients in the community. Congratulations Becky!

NEURO REHAB TIMES AWARDS 2023 NR SHORTLISTED



Save the Date

- Halloween Party - Worcester Daycentre, Monday 30th October, 12-3pm
- NR Times Awards Ceremony - online at www.nrtimes.co.uk, Thursday 26th October.
- John Lawson's Halloween Circus - Webbs, West Hagley, Friday 3rd November
- Bonfire Night themed-lunch - Worcester Daycentre, Monday 6th November
- Christmas Pantomime - Swan Theatre, Worcester, 7th December 2023 at 1.30pm.

If you have suggestions for activities, days out, or visitors to our Wellbeing Centres, or opportunities for our clients I'd love to hear from you!

Please email me:

MMcCutcheon@hwtl.org.uk

Meg McCutcheon, Activities Coordinator