



Happy Birthday Ray!

March marked a very special birthday celebration at Worcester Daycentre... Ray our witty, much-loved cleaner turned 21! Just ignore the number '80' on his cake...

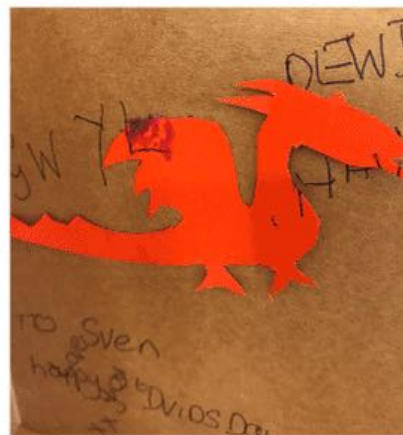
Staff threw a fantastic surprise party for Ray; Confetti cannons, gifts (including a very special, one of a kind broom adorned with ribbons and a balloon), and a funny poem written and read aloud by Glen. The celebrations were concluded with a beautiful chocolate-orange cake made by our lovely Support Worker Kate!





St. David's Day & Sunflower Planting

A productive day for Tuesday's clients at Worcester Daycentre. The group celebrated St. David's day by making beautiful Welsh themed greeting cards followed by a quiz. The afternoon saw a busy production line planting sunflower seeds in pots of soil, in preparation for the ABI Games in August 'Grow the Tallest Sunflower' category.





Outings

Mark enjoyed a delicious full English breakfast at the Copcut Elm, plus a trip to play a round of crazy golf with Support Worker Katy. Sandra from Outreach had a fantastic time out shopping, treating herself to lots of lovely new things.

Worcester Daycentre's Tuesday group utilised the local amenities, taking part in a game of tenpin bowling!





Getting Creative

A collection of photos to showcase the creativity recently at Worcester Daycentre! Above L-R: Support Worker Phil and client John painting their ceramics, boat scene painting by John, ceramic drip bowl by Mel, floral painting by Mel, boats and houses painting by Rob. Below is myself (Meg!) adding some Spring flowers and leaves to our windows.





Gardening & Games

It's safe to say the weather in March was a mixed bag; from having a snowy downfall and creating our Headway snowman, to outdoor games and watering plants in the Spring sunshine! We've certainly made the most of the outdoor space we have.



Singalong

Music sessions are always a hit with our Worcester clients. We have a fantastic karaoke machine and plenty of microphones so everyone can get invoved!

Here's Jenny looking very happy to be serenaded by Support Worker Morgan!





Cupcakes & Parachute Games

The Friday group in Worcester got stuck into baking tasty chocolate and vanilla cupcakes, complete with decorative icing and toppings. Mark, of course, had to ensure the bowl of icing was fully empty so none went to waste...

The parachute ball game is always guaranteed to get people moving and, more importantly, smiling and laughing! Pictured are Mary, Support Worker Kate, Gordon, Robin and Mark enjoying a game together.



Mel has been busy producing more stunning paintings in Worcester's Art group.

Left is Centre Manager Glen in full protective gear, playing against our champion air hockey player Mel!



HATS FOR HEADWAY PARTY

20th May 2023

@ The Kiln, Worcester

Save the Date

- Our Hats for Headway fundraising party will be held at The Kiln, Worcester on Saturday 20th May.

For more information and link to tickets site please visit:

www.headwayworcestershire.org.uk/hats-for-headway-party

- Annual General Meeting, Worcester Wellbeing Centre - Thursday 20th April 6.30pm

If you have any ideas for activities, visitors or trips out I'd love to hear from you!

Please email me
MMcCutcheon@hwtl.org.uk



THE MAN THAT SPEAKS



The Man That Speaks

We were thrilled to welcome fellow brain injury survivor Shane Booth to our Worcester Daycentre.

Following a major life threatening motorbike accident in 2009, Shane has become a motivational speaker, presenting to a vast range of audiences; corporate events, educational services, legal representatives, and charities to name a few.

Staff and clients were engaged from start to finish hearing Shane's incredible and inspiring story. Shane shared with us his remarkable journey and passion for cycling, having competed in numerous competitive cycling routes, and regularly training on Stourport's cycling track - which we one day hope to watch in action!

We loved meeting Shane and would be delighted to welcome him back in the future. Shane will also be presenting to our Stourport clients on April 13th.



"This accident left me fighting for my life, with several broken limbs and, a traumatic brain injury. The accident ultimately left me disabled and, for three months I was unable to speak."

-Shane Booth



We asked Shane to select a name from the hat to name our fish! 'Chips' was chosen, as suggested by David. C.

For more on Shane visit his website:
www.themanthatspeaks.co.uk