



Artist Spotlight

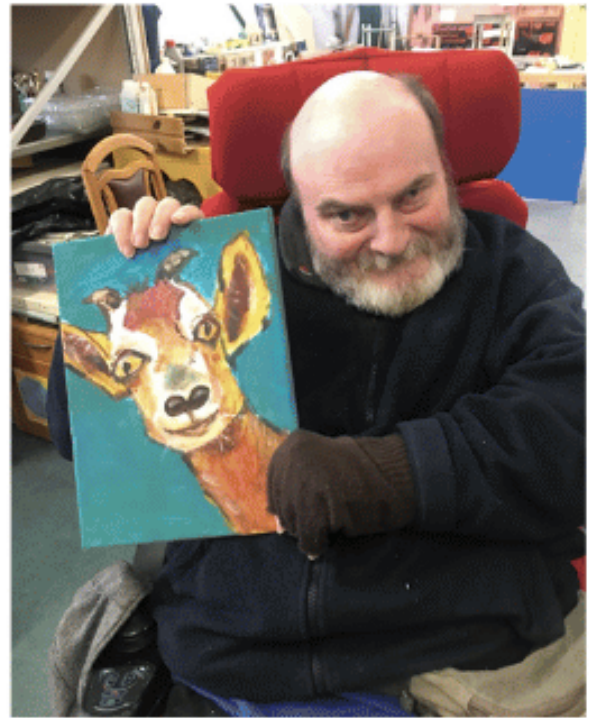
Move over Leonardo da Vinci, there's a new portrait artist in town!

Tracie and Lyn were thrilled to receive this beautiful painting by Richard. Richard had been working incredibly hard on the piece for quite some time, using just a small photo for reference!

Daycentre staff and Outreach management joined to watch Richard present the piece, followed by a huge round of applause.

Well done Richard!





Headway Gallery

Our much-loved tutor Linda runs art workshops several times a week at Worcester Daycentre.

Linda, a painter herself, teaches clients a wide variety of techniques, working predominantly with acrylics.

Creative expression is a fantastic therapy; it can improve cognitive abilities, reduce stress, and boost self esteem. We have an incredibly talented group of clients - we're always keen to show off their stunning work! Here's a Autumnal landscape by Mel, and animal portraits by Rob and Tamzin.





Beautiful landscapes by Peter,
and a cheeky donkey by Hannah.





Lantern Making

Stourport clients enjoyed a trip to the popular Unclyls farm. Using willow sticks and tissue, clients created lanterns complete with tea lights inside.

Upon returning to Anglo House, Stephen wanted to add something extra to his lantern; coloured tissue paper produced the perfect effect!



Clock Cricket

Worcester Daycentre clients were given the chance to try out 'clock cricket'; a new concept putting a spin on the traditional sport, which allows participants to play whilst seated.

Clients were paired up and took it in turns to bowl or bat a soft ball. Point score sheets were placed in different areas of the room - the top score being on the forehead of Chef Paul (or perhaps we improvised that bit!). The room was full of laughter; we can't wait to continue these sessions every Friday!





Mel's Marathon

Following months of training, on Saturday January 28th Worcester Daycentre client Mel competed in London's Winter Walk Challenge 2023. Mel has been fundraising for Headway Worcester and, following an initial target of £500, has raised an absolutely incredible total so far of £1350. We feel Mel's Wonder Woman outfit choice couldn't be more accurate! A fantastic effort and a true inspiration, well done Mel.



Gardening

Worcester Daycentre's garden project has begun! Armed with our first batch of worm compost from the garden wormery, Mitch has been busy sprinkling batches onto our two raised beds. Rich in potassium and nitrogen, the compost is a fantastic conditioner for soil.





Music, Crafts & Games

Our weekly music sessions with Support Worker Morgan continue to be a huge hit with clients - here's Mark showing off his skills on the drums and acoustic guitar!

Stourport clients have been getting creative, making birthday cards using sea glass, crayon sharpening and quilling.

In Outreach, a social game of air hockey was enjoyed in Dickinson Court!





Valentines Prep

In Worcester Daycentre clients got crafty using red card to make 3D heart shaped garlands and hot air balloons. We plan to create a big Valentines window display!

Save the Date

Fundraising event hosted at the Kiln, Worcester. Saturday 20th May 2023, more details to follow!

If you have any ideas for activities, days out, or visitors, I'd love to hear from you!
MMcCutcheon@hwtl.org.uk



Our First Sale!

A big achievement for the woodwork group - our first sale in the charity shop! This gorgeous upcycled table, made by Gordon, was sold as soon as it was spotted in the window! Watch this space for more items...

